

# healthy hospitality

## UnitedHealthcare®

**A wide range of benefits are always on the menu from SKI NY's endorsed health benefits carrier.**

In today's competitive market, you're more likely to attract and retain the right talent when you make affordable, flexible health care solutions part of your hiring plan. And, in the end, that makes good business sense for everyone.

UnitedHealthcare brings more to the table by offering:

- Product and network flexibility on medical, dental, vision and life & disability benefits.
- Specially crafted programs and services designed to help improve member health, productivity and retention.

## Teladoc™

**Virtual health care where and when it's needed.**

Offer employees unlimited medical, mental health, dermatology, neck and back care, and nutritional guidance from the global leader in telehealth for just \$9 / month peremployee. All team members are eligible. (Minimum 2 required.)

Participants receive 24/7 phone and video access to thousands of doctors who can prescribe medications and treatment options wherever and whenever they are needed — with zero co-pays or other fees.

- Participants can speak with care providers in English, Spanish and 240 other languages.
- Best of all, enrollment includes the employee + their entire household.
- For more information, scan this QR code:



## OPTUMRx®

**Free pharmacy discount program.**

Save up to 80% on FDA-approved prescription medications at more than 64,000 pharmacies nationwide. The program is free and no enrollment is required.

- Show the card at check-out to receive discounts on medications for you and your family.

## Mental Health

**Free mental health resources.**

Now more than ever, taking care of our mental wellness is critical. Access free hospitality-focused resources for:

*Mental Health, Substance Use Disorder, and Suicide Prevention • Support Groups • Crisis Lines • Stress Management Tools • Manager Guidebook*

**Coming soon:** Care.com